

Breakfast & Snack Menu (South)



Winter/Spring 2023-24

	Monday	Tuesday	Wednesday	Thursday	Friday
I	<p><i>Breakfast:</i> Cereal: Cheerios, Life Oranges Milk*</p> <p><i>Snack:</i> Cottage Cheese Canned Pineapple Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Hard-Boiled Eggs Bananas Milk*</p> <p><i>Snack:</i> Assorted Crackers Mozzarella Cheese Sticks Water</p>	<p><i>Breakfast:</i> Raisin Bread Apples Milk*</p> <p><i>Snack:</i> Sliced Peppers (Whole Wheat Pita for infants) Hummus Water</p>	<p><i>Breakfast:</i> Yogurt Canned Peaches Cheerios Milk*</p> <p><i>Snack:</i> Graham Crackers Bananas Water</p>	<p><i>Breakfast:</i> Oatmeal w/ Raisins and Cinnamon Frozen Strawberries Milk*</p> <p><i>Snack:</i> Whole Grain Cheez-Its Apples Water</p>
II	<p><i>Breakfast:</i> Cereal: Cheerios, Life Apples Milk*</p> <p><i>Snack:</i> Soft Pretzels Oranges Water</p>	<p><i>Breakfast:</i> Whole Wheat Bagels Bananas Milk*</p> <p><i>Snack:</i> Sliced Cucumbers (Whole Wheat Pita for infants) Hummus Water</p>	<p><i>Breakfast:</i> Whole Wheat English Muffins Mandarin Oranges Milk*</p> <p><i>Snack:</i> Grape Tomatoes (Ritz Crackers for Infants) Mozzarella Cheese Sticks Water</p>	<p><i>Breakfast:</i> Cereal: Cheerios, Rice Chex Bananas Milk*</p> <p><i>Snack:</i> Goldfish Crackers Apples Water</p>	<p><i>Breakfast:</i> Whole Wheat Waffles Frozen Mangos Milk*</p> <p><i>Snack:</i> Animal Crackers Oranges Water</p>
III	<p><i>Breakfast:</i> Cereal: Cheerios, Corn Flakes Apples Milk*</p> <p><i>Snack:</i> Triscuit Crackers (Ritz Crackers for Infants) Salsa Water</p>	<p><i>Breakfast:</i> Raisin Bread Bananas Milk*</p> <p><i>Snack:</i> Soft Pretzels Oranges Water</p>	<p><i>Breakfast:</i> Whole Wheat Pancakes Applesauce Milk*</p> <p><i>Snack:</i> Assorted Crackers Mozzarella Cheese Sticks Water</p>	<p><i>Breakfast:</i> Cream of Wheat Frozen Strawberries Milk*</p> <p><i>Snack:</i> Sliced Peppers (Whole Wheat Pita for infants) Hummus Water</p>	<p><i>Breakfast:</i> Whole Wheat Toast Hard-Boiled Eggs Bananas Milk*</p> <p><i>Snack:</i> Trail Mix (Cheerios, Life Cereal, Raisins) Water</p>
IV	<p><i>Breakfast:</i> Cereal: Cheerios, Life Oranges Milk*</p> <p><i>Snack:</i> Graham Crackers Apples Water</p>	<p><i>Breakfast:</i> Whole Wheat Waffles Frozen Mangos Milk*</p> <p><i>Snack:</i> Triscuit Crackers (Ritz Crackers for Infants) Mozzarella Cheese Sticks Water</p>	<p><i>Breakfast:</i> Yogurt Canned Peaches Cheerios Milk*</p> <p><i>Snack:</i> Goldfish Crackers Bananas Water</p>	<p><i>Breakfast:</i> Whole Wheat French Toast Sticks Oranges Milk*</p> <p><i>Snack:</i> Animal Crackers Apples Water</p>	<p><i>Breakfast:</i> Whole Wheat Bagels Mandarin Oranges Milk*</p> <p><i>Snack:</i> Sliced Cucumbers (Whole Wheat Pita for infants) Hummus Water</p>

*Milk served is Whole, Non-fat, or Soy

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Juice is not served for any meals.